I am strong in these areas:


I struggle with:


My favorite thing about school is:


Here’s what the teachers I’m most comfortable with do to make that happen:


The most stressful part of my school day is:


I’d like some help with:


When I need help, I’m comfortable asking for it in the following ways:


Prepare your child to self-advocate. Fill out this worksheet together to build awareness of strengths, weaknesses and how he prefers to ask for help.