

# Poster of Growth Mindset Questions to Ask

Shifting from a fixed mindset to a growth mindset takes daily work. Print out these questions and use them as a reminder to ask your child questions that will foster growth. Older kids can also post the list at their homework spot and ask themselves the questions.

## 15 Growth Mindset Questions to Ask

<b>What made you think hard today?</b>	<b>How will you challenge yourself today?</b>	<b>What can you learn from this experience or mistake?</b>
<b>What would you do differently next time to make things work better?</b>	<b>What else do you want to learn?</b>	<b>What strategy can you try?</b>
<b>Who can you ask for honest feedback?</b>	<b>Did you work as hard as you could have?</b>	<b>If it was too easy, how can you make it more challenging?</b>
<b>Did you hold yourself to high expectations or did you accept “good enough”?</b>	<b>Did you ask for help if you needed it?</b>	<b>What can you do to manage distractions?</b>
<b>Have you reviewed your work or logic for errors or flaws?</b>	<b>Are you proud of the end result? Why or why not?</b>	<b>What’s the next challenge to tackle?</b>